

Volunteers

Our tuckshop relies on volunteers, for our tuckshop to provide freshly made, nutritious foods for our students volunteers are VITAL. All volunteers are greatly appreciated and valued. Please see the newsletter for your class's rostered tuckshop day or just come along on any Wednesday or Friday.

HOME-MADE MENU

Healthy, home-made, fresh meals are made in the tuckshop each week. Fortnightly specials will be advertised in the newsletter and on the blackboard (outside Tuckshop)



Fresh Fruit—Thanks Woolies

Each Wednesday, Woolworths (Kin Kora) donate a box of fruit. Any student ordering tuckshop on a Wednesday are welcome to a free piece of fruit.

Donations

Each week classes are nominated to donate an item to the tuckshop. Please check the newsletter for your rostered day.

ONLINE CANTEEN

Families can order their child's tuckshop online via www.ouronlinecanteen.com.au
For any technical issues with online orders, please call 1300 116 637



St John's Tuckshop Menu 2017

Tuckshop Days

Thursday
First Break

Friday
First Break & Second Break



Healthy Sandwich Choices

Cheese.....	G	\$2.00
Vegemite.....	G	\$2.00
Salad.....	G	\$3.50
Ham and Cheese.....	G	\$3.50
Ham, Cheese & Tomato.....	G	\$3.50
Chicken/Ham.....	G	\$3.50
Chicken/Ham and Salad.....	G	\$4.50
Chicken Lettuce & Mayo.....	G	\$4.00
FOR ROLLS, WRAPS, TOASTED.....		\$0.50

Home-Made Healthy Choices

Fried Rice.....	G	\$4.00
Spaghetti Bolognese.....	G	\$4.00
Stacked Spud.....	G	\$4.00

Sensational Salads

Salad Small.....	G	\$3.00
Salad Large.....	G	\$4.00
Salad Ham/Chicken Large.....	G	\$5.00
Salad Ham/Chicken Small.....	G	\$4.00
Salad with Quiche.....	A	\$6.50

Salads plates include Lettuce, Tomato, Beetroot, Carrot and Cheese

Drinks

Water 600ml.....	G	\$2.00
LOL.....	G	\$2.50
Milk 300ml Flavoured (Choc St'berry).....	A	\$3.00
Poppers – Assorted Flavours.....	A	\$2.00

Snacks

Carrot Sticks.....	G	\$0.50
Apple Slinky.....	G	\$1.00
Boiled Egg.....	G	\$1.00
Pikelets (2).....	G	\$1.00
“KFC” Chicken Drumstick (St John’s style!).....	G	\$1.50
Popcorn.....	G	\$1.50
Fruit Cup.....	G	\$2.00
Fish Fingers.....	G	\$3.00
Tiny Teddy Biscuits.....	A	\$1.20
Chocolate Muffin.....	A	\$2.00

Meal Deals

Home-Made Combo.....	G	\$5.00
(Homemade Special of the Week, Boiled Egg & Piece of Fruit).....	G	\$5.00
Chicken Burger Combo.....	G	\$6.00
(Chicken Burger & Salad and Frozen Fruit Cubes)		
Treat Combo.....	A	\$6.00
(Chicken Stix, Boiled Egg, Carrot Sticks & Zooper Dooper)		

Hot and Yummy

Lasagne 200g serve.....	G	\$5.00
Chicken Burger and Salad.....	G	\$5.50
Party Pie.....	A	\$1.50
Hot Dog.....	A	\$3.50
Hot Dog- Half.....	A	\$2.00
With Cheese Add.....		\$0.50
Chicken Sticks (6 per serve).....	A	\$3.50
Sausage Roll.....	A	\$3.50
Quiche.....	A	\$4.50